



## Welcome

Welcome to our Young Marist Cmi Community (YMCC)! It is an international Marist adult community in Mindelheim. The address is Cmi-Haus, Hauptlehrer-Lang-Str. 12, 87719 Mindelheim.

The community hosts up to 4 young adults (members) at a time.

## Structure of the Cmi-House:

The Cmi house has three levels which are used differently:

1. On the ground floor there are the Cmi offices and those of the Marists and their kitchen.
2. On the 1<sup>st</sup>. floor there are the shared rooms such as kitchen, living room, guest room, toilets and utility room. These rooms are used by the volunteers and can also be used by the Maristen Mindelheims. This regulation also applies to the guest room, which can be used by guests of the volunteers as well as by guests of the Marists after prior mutual consultation with F. Michael. Duration and costs must be discussed.
3. In the attic there are four single rooms with their own bathroom. This area is the privacy of the volunteers.
4. There are rooms in the basement which are used exclusively by the Marist Brothers.

## Mission and Ethos

Young Marist Cmi Community has a mission of two parts:

1. To provide a space for Marist young adults to live together in community, strengthening their understanding of what it means to 'be Marist' and how to apply this to their everyday lives.
2. The young Adult community is together with the community of the Marist Brothers and the Marist lay people who are working and living here. Our aim is to strengthen and building up the Marist Family of Mindelheim. In that Family everybody is invited to share their hopes and faith.

Young Marist Cmi Community is a dynamic community that embraces the diversity of its community members while being held together by shared values and a commitment to active engagement in the world.

Young Marist Volunteer Community is a space where the Marist values of Presence, Simplicity, Love of Work, In the Way of Mary and Family Spirit are integral to the way that the community operates and guides the way that individuals in the community live.

For the purpose of this document and preparing to live at YMCC, all community members are considered to be Marists. Normally the members will have engaged as Marists previously at school, work or university and now indeed as community members at YMCC.

This should be a space where all members are comfortable and feel at home. It is a Christian, Marist community that is open minded but behaves with Christian values in mind and are open to participate in Christian celebrations like community prayer or mass.

### **Expectations & Commitments**

On joining YMCC, community members commit to the following:

1. To live according to the Marist values
2. To treat fellow community members with respect at all times
3. To engage in an open and honest communication
4. To build a welcoming and open community
5. To engage in activities of the Marist Family of Mindelheim
6. To hold the weekly Community-Meeting
7. To participate or organize a monthly MarisTisch Night. Normally it is the first Friday evening of the month.
8. To follow the Volunteer Community Rules

### **Young Marist Cmi Community Rules**

It is important that all Volunteer YMCC members feel comfortable in their new home and that members have a shared understanding of how the house functions, so that the community may run as smoothly as possible. As such, the following 'house rules' have been developed. This is an initial guidance and may be updated as YMCC settles in as a community.

In considering the house rules it is important to remember YMCC is not a static community and that the membership changes frequently. This means that what one group finds acceptable may change with even just one change in group membership and the community must constantly evolve to ensure that all members are comfortable and that the mission and ethos are upheld. House Rules provide some continuity around expectations of community life over time.

### **Living together**

Young YMCC members endeavor to always act with caring, understanding, helping each other, being patient with each other, respecting privacy and being tolerant.

Living together in a community can be an incredibly rich experience, but it isn't always easy. Different ideas about daily life, different routines, habits and traditions can require compromises and adjustments from everyone involved. It is essential that these challenges are addressed openly, with respect and with a commitment to understanding, flexibility and harmony.

Communication is the key and members are expected to approach one another if any frustrations arise and to try and address these as early as possible. Things like nighttime peace, shared expenses for household and food (if used together), cleaning and waste management etc. should be discussed regularly with the group members.

### **Leadership and Responsibilities**

The members of the YMCC choose a Community Leader soon among themselves. The Community Leader is elected every three months. A re-election is unlimited. This CL has the following tasks:

1. Community Leader is the contact person between YMCC and the Cmi-Team.
2. Community Leader is the contact person within the YMCC.
3. Community Leader organizes the weekly community meetings, but it is not always responsible for the content.

### **Weekly Community Meeting**

The members of the YMCC organizes a weekly meeting. The aim of that meeting are following points:

- Evaluation of the last week and share life together
- Discuss, reflect and if necessary modify the house rules
- Organize grocery shopping and an internal finance plan
- Organize cleaning, waste management or other duties
- Checking dates and Marist activities
- Organize the MarisTisch when it is the YMCC turn

It's recommended, that these Community Meetings begin and/or ends with a short prayer.

### **Respect for spiritual practice**

Young Marist Cmi Community may host a diversity of faith expressions, it was founded as a part of the Marist charism and aims to be a place where members experience personal and spiritual growth. All members are asked to respect the religious or spiritual practices of other members and to make the ability for members to practice their faith a priority wherever possible. Common concrete

practice for faith expressions (like grace at meals, mass, bible sharing, live sharing talks...) should be agreed on together.

### **Visitors and bedrooms**

As a community of individuals, members are expected to respect the privacy of each other's bedrooms and generally not to host visitors in the own bedroom.

There is a guestroom for visitors available. You are expected to notify Bro. Michael about coming visitors as soon as possible in advance. Also check with your house mates if it is okay with them as well. The volunteer is responsible for or all visa issues linked to their guests.

Please remember that it is the host's responsibility to leave a clean guestroom behind after the visit.

### **Hygiene and Cleanliness**

Same goes with your own rooms. In order to keep your room clean, we recommend a weekly cleaning session.

Community members are expected to keep communal areas tidy at all times. For all shared living space the members of the community will have to create a cleaning plan.

The common rooms must always be in an acceptable order for the residents. Personal belongings should be cleared away at Marist events.

Also members should remember to keep their own bed- and bathrooms clean and tidy. The kitchen is to be tidied after use and washing up should be managed so that there won't be dirty dishes left overnight. Fruit flies or any other vermis are easy to get and hard to get rid of.

The cleaning staff of the Marists cleans weekly the toilet in the 1<sup>st</sup> floor and the staircase. The common rooms, the kitchen and living rooms and your private bedroom are checked on the first Monday of every month by the cleaning staff. If necessary she will inform you and give you time until the following Wednesday. Afterwards she will clean on your account.

### **Alcohol**

The YMCC is a community of adults and as such alcohol is accepted in the community. Community members are welcome to consume reasonable amounts of alcohol. If the consumption of alcohol leads to anti-social behaviour, disturbs other community members or disturbs the neighbours, those responsible will be required to have a conversation with Bro. Michael and may be asked to leave the community.

Caution: Any consumption of illegal drugs leads to immediate expulsion from the YMCC and to a report to the BFD mission and home province. Cannabis is an illegal drug in Germany!

### **Smoking**

Smoking isn't allowed inside the building, no matter where. Please go outside, there is a smoking area. It is the responsibility of the volunteer to keep this space clean at any time.

### **Meals**

It's recommended to cook together, knowing that shared cooking is a perfect way to build community. Decisions about the sharing of expenses, shopping duties or meal preparation is in the responsibility of the YMCC. If the community members select to share food and meals together, all members should contribute equally (financially and labor).

### **House information**

#### 1. Security:

- Lock the doors overnight.
- Tell someone (e.g. your roommates) where you are going if you are going out at night.
- Close the windows if you are not at home.
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#### 2. Energy/Water:

In the light of climate change and saving resources for all members of the YMCC the responsible, attentive and ecological use of electricity, gas and water is as a matter of course.

- Please turn off the lights, when you leave the rooms.
- Watch the heating in any rooms.

When you open the windows for few minutes for ventilation turn off the thermostat at the radiators.

- Use the washing machine and the dishwasher if possible only when it's full.
- Reflect your water use for shower and toilet.
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#### 3. Cleaning and garbage disposal:

- Separate your waste and dispose on a regular base. Separate bins are outside the house.
- Best to set up a cleaning plan which tells whose turn it is to clean the kitchen, to take care of the garbage and to clean the common areas.

### **Maintenance**

If there is something broken or needs to be fixed please contact Mr. Laug. Remember, the whole apartment was renovated only recently and there will be volunteers after you, who would like to enjoy such a nice and clean space. Please take care of the flat at any time.

### **Bicycles**

Each of you will be provided with a bicycle. Please make sure it is always locked before you leave it. There is a place on the property where you can park your bike safe and locked.

### **Practical Help**

The Marist Brothers, the members of the Cmi Team, Wolfgang Laug are willing to help you with any problem. The weekly community meeting for example is a good opportunity to seek for such help.

Emergency contact details:

- Br. Michael: +49 176 63120258

Email: [br.michael@maristen.org](mailto:br.michael@maristen.org)

- Kathrin v. Erffa: +49 179 6732485

Email: [v.erffa@gmx.de](mailto:v.erffa@gmx.de)

- Cmi office: +49 8261 2202440

Email: [cmi@maristen.org](mailto:cmi@maristen.org)

- Wolfgang Laug: +49 8261 2202450

Police / Emergency: 110 / 112

In case of sickness it is necessary to inform your workplace and the brothers immediately.

## Statement of Acceptance

### **Young Marist Volunteer Community**

I, \_\_\_\_\_

hereby acknowledge that I have read the YMCC Welcome Guide.

I agree to abide by the following commitments and all other guidance provide in this document:

1. To live according to the Marist values
2. To treat fellow community members with respect at all times
3. To engage an open and honest communication
4. To engage in activities of the Marist Family of Mindelheim
5. To be available for the weekly community meeting
6. To follow the YMCC Rules

I have clarified any questions I have about joining the YMCC and embrace the opportunity to live alongside fellow young Marists.

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)